



# My 2013 Personal Growth Plan

The number one command in the Bible is: "To love the Lord your God with all your heart, soul, strength, and all your mind" (Deut. 6:5, paraphrased). The purpose of this plan is to help you accomplish God's heart and your desire; to obey the first commandment. Quantify the spiritual disciplines below so you can measure them. Your personal plan should reflect the areas in which you want to grow. These disciplines are biblical doors God created for us to get closer to Him!

## 1. HEART FOR THE WORD

**Bible Reading:** \_\_\_\_\_  
(pages or chapters—daily or annually) *Psalms 19:7-8*

**Bible Study:** \_\_\_\_\_  
(amount of time, topics, books to be studied, studies) *2 Tim. 3:16-17*

**Bible Memory:** \_\_\_\_\_  
(# of verses annually) *Psalms 119:11*

## 2. HEART FOR GOD

**Meditation:** \_\_\_\_\_  
(amount of time) *Psalms 104:34; 119:97-99*

**Silence:** \_\_\_\_\_  
(amount of time) *Psalms 46:10; 62:5*

**Solitude:** \_\_\_\_\_  
(amount of time) *Psalms 27:5*

## 3. HEART FOR GOING DEEPER

**Fasting:** \_\_\_\_\_  
(# of meals, days, seasons) *Matthew 6:16*

**Prayer:** \_\_\_\_\_  
(specific amount of time) *1 Samuel 12:23; 1 Thessalonians 5:17*

**Giving:** \_\_\_\_\_ (Beginner) \_\_\_\_\_ (Learner)  
\_\_\_\_\_ (Core) \_\_\_\_\_ (Lavish)  
*Luke 6:38; 2 Corinthians 8:24*

## 4. HEART FOR OTHERS

**Evangelism:** \_\_\_\_\_  
(# of people with whom you will share the Gospel this year) *Acts 1:8*

**Serving:** \_\_\_\_\_  
(amount of time) *1 Peter 4:10*

**Missions:** \_\_\_\_\_  
(Annual trips? When do you plan to go?) *Matthew 28:19-20*

## 5. HEART FOR WISDOM

**Books Read:** \_\_\_\_\_  
(# of books for the year)

**CDs, DVDs, Podcasts, Blogs, Sermons:** \_\_\_\_\_  
(# listened to) *Proverbs 4:23*